



TLITE is an athlete



TLITE is a treadmill...you feel like you're not going anywhere. But keep at it and you'll benefit in ways you never knew were possible!



TLITE is aqua fit. Gentle resistance will improve your endurance.



TLITE is a barbell. It is bulky and cumbersome,
but you gain strength and perseverance.



TLITE is the trophy at the end... the pride, the hard work, the perseverance of an athlete.